## INHALER GUIDE.

### SABA

### Ventolin Evohaler Salbutamol 100mcg



Salamol Easi-Breathe



**Airomir Autohaler** Salbutamol 100mg



### Easyhaler salbutamol

Salbutamol 100 & 200mcg dry powder



Ventolin Accuhaler Salbutamol 200mcg dry powder



### **Bricanyl Turbohaler** Terbutaline 500mcg



### Corticosteroid

#### Clenil Modulite

Beclometasone 50, 100, 200 & 250mcg aerosol

200-400mcg (up to 1mg) twice daily



### QVAR

Beclometasone 50 & 100mcg aerosol

50-200mcg (up to 400mcg) twice daily



### SAMA

#### Atrovent Ipratropium 20mcg aerosol

20-40mcg 3-4 times daily



### LAMA

### Spiriva Handihaler

Tiotropium 18mcg dry powder caps



#### **QVAR Easi-Breathe**

Beclometasone 50 & 100mcg aerosol

50-200mcg (up to 400mcg) twice daily



### **QVAR Autohaler**

Beclometasone 50 & 100mcg aerosol





### LABA

#### Serevent Evohaler

Salmeterol 25mcg aeroso

50mcg (up to 100mcg) twice daily



### Serevent Accuhaler

Salmeterol 50mcg dry powder

50mcg (up to 100mcg) twice daily



### Flixotide Evohaler

Fluticasone 50. 125 & 250mcg aerosol

100-500mcg (up to 1mg) twice daily



### Flixotide Accuhaler

Fluticasone 50, 100, 250 & 500mcg dry powder

100-500mcg (up to 1mg) twice daily



### Oxis Turbohaler

Formoterol 6 & 12mcg dry powder

6-12mcg (up to 24mcg) twice daily



### Easyhaler formoterol

Formoterol 12mcg dry powder

12 mcg (up to 24mcg) twice daily



#### **Pulmicort Turbohaler**

Budesonide 100, 200 & 400mcg dry powder

100-400mcg (up to 800mcg) twice daily



### Easyhaler budesonide

Budesonide 100, 200 & 400mcg dry powder





# Combination

### Seretide Evohaler

Fluticasone 50, 125 & 250mcg + 25mcg Salmeterol aerosol

2 puffs twice daily



#### Seretide Accuhaler

Fluticasone 100, 250 & 500mcg + 25mcg Salmeterol

dry powder

1 dose twice daily



## Spacers should be cleaned monthly and replaced every 6-12 months

### Volumatic

Large volume spacer for most aerosol Inhalers

Also available with child mask



### AeroChamber

Medium volume spacer for most aerosol inhalers



Also available with infant or child mask

### Symbicort Turbohaler

- Budesonide 100, 200mcg
- + 6mcg Formoterol
- & Budesonide 400mcg + 12mcg Formoterol
- dry powder

Use as prevention or

reliever - see BNF



#### Fostair

Beclometasone 100mcg + Formoterol 6mcg aerosol

reliever - see BNF



Not an exhaustive list. Always prescribe in conjunction with relevant guidance and prescribing information. Adult dosing and prices as per BNF February 2015 Paul Lord, GPST4 ACF, Bradford VTS

### Use of inhaled therapies in chronic obstructive pulmonary disease Breathlessness and exercise limitation Short-acting beta<sub>2</sub> agonist as required (may continue at all stages) short-acting muscarinic antagonist as required **Exacerbations or** persistent breathlessness FEV<sub>1</sub> ≥ 50% FEV1 < 50% Long-acting Long-acting Long-acting beta<sub>2</sub> agonist Long-acting beta<sub>2</sub> agonist muscarinic antagonist plus muscarinic antagonist Discontinue short-acting muscarinic antagonist inhaled corticosteroid Discontinue short-acting muscarinic antagonist Offer long-acting muscarinic antagonist in preference to regular short-acting muscarinic antagonist four times a day Offer long-acting muscarinic antagonist in preference to regular short-acting muscarinic antagonist four times a day Consider long-acting beta<sub>2</sub> agonist *plus* long-acting muscarinic antagonist if inhaled corticosteroid declined or not tolerated Persistent exacerbations or breathlessness Long-acting beta<sub>2</sub> agonist plus inhaled corticosteroid Consider long-acting beta<sub>2</sub> agonist plus Long-acting long-acting muscarinic antagonist if inhaled corticosteroid declined or not tolerated muscarinic antagonist plus long-acting beta<sub>2</sub> agonist

plus inhaled corticosteroid

➤ Offer therapy (strong evidence)

---- Consider therapy (less strong evidence)

